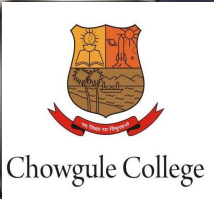





<b>B.A. results report</b>		
<p>The 5th semester exam was attempted by 14 students of psychology department, out of which 5 students got distinction whereas 9 got 1st class, Yusra Sayed was the topper of the class. The overall results for this semester was 100% T.Y.B.A 5th semester results.</p>		<p>Statistics, Home nursing and First aid and legal issues and policies. This syllabi has been specially</p>
	<p><b>Above: students of the college along with a faculty member of Waseda' University .</b></p>	<p><b>Lusofonia Festival Macau</b> By: Sushmita Pednekar SYBA</p> <p>Sushmita Pednekar of SYBA along with 11 other artists represented Goa at Lusofonia Festival Macau on 25th and 27th Oct.2016.</p> <p>Eight other Portuguese colonized countries also participated in the celebration of this festival. The program was designed such that it brought out the nuances of not only Goan culture but also high lightened the traditional culture of India Presented with beautiful Portuguese fusion.</p> <p>This yearly festival gives opportunity to different people to present their talent every year and give all the artist of Goa chance to share the international stage with their fellow colonial counterparts.</p> <p><b>Below: Sushmita with the other performers at Lusofonia Festival 2016</b></p> 
<p><b>Need based Module (NBM)</b></p> <p>The Post graduate department of psychology has started a Need based Module (NBM). The NBMs are brief, practical oriented modules developed in terms of the students' needs. They offer students opportunities to enhance various skills. NBMs of Self-esteem, Anger Management, Parapsychology and Time Management have already been successfully conducted with huge demand for more. Its currently in its second year of</p>	<p><b>Report of MA program</b></p> <p>The MA program in Psychology's object is to equip the students with in-depth knowledge and expertise in Child Psychology and Child Development. The Papers they provide are Child development ,Practicum, Case studies, Child Psycho-pathology, Counseling Therapies for Children, Children with special needs ,Management of learning Disabilities as core papers. The elective Papers they provide are Psychology of Adolescents, school Counseling and Diet and Nutrition. For elective papers they provide Development beyond adolescents, Educational Psychology and NGO management and entrepreneurship. , Research Methodology Advanced</p>	
	<p><b>Editorial Board</b> Mrs. Kavita Borkar Dr. Golda Vas Ms. Roma Prabhudessai</p>	<p><b>Disclaimer:</b> The opinions and news appearing herein are those of the Editor and not of the Principal.</p> <p>If you have any contributions or suggestions feel free to <b>contact us at <a href="mailto:psychology@chowgules.ac.in">psychology@chowgules.ac.in</a></b></p>

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<div> VOL VIII 15th January 2017 ISSUE 3 </div>		
Department of Psychology, Parvatibai Chowgule College, Margao –Goa		
<p><b>MindKraft 2017 organized by the Department of Psychology &amp; the Career &amp; Personal counseling Center</b> By: Ms. Leanne Mesquita F.Y.B.A</p> <p>On 10<sup>th</sup> January 2017, the Department of Psychology, in collaboration with the Career and Personal Counselling centre of Parvatibai Chowgule College of Arts &amp; Science (Autonomous), organised the event- Mind Kraft. The inaugural function commenced at 10 a.m. A total of 8 institutes participated.</p> <p>Contd. On pg 2</p>	<p><b>Exchange Program to Sri Lanka</b> By: Ms. Prarthana Kaushik T.Y.B.A</p> <p>SRI LANKA, the beautiful island country in Indian Ocean, is home to various religious, ethnic groups and languages. Visiting the country which shares its history with ours was definitely a wonderful experience.</p> <p>The Academic Exchange to Sri Lanka is an initiative taken by the Department of Geography to provide academic exposure to the students and opportunity showcase their own culture to the neighboring country.</p> <p>Contd. On pg 3</p>	<p><b>National Seminar</b> By: Ms. Mariah Dias S.Y.B.A</p> <p>A national seminar on the topic 'Impact of violence and abuse: Need for psycho-social, medical and legal intervention' was organized on the 14<sup>th</sup> and 15<sup>th</sup> of December 2016 by M.E.S College of arts and commerce, Zuarinagar and ARZ (Anyay Rahit Zindagi) Social work organization, Vasco at Ravindra Bhavan, Vasco.</p> <p>Contd. On pg 3</p>
<p><b>Inside:</b> Page 2:Editorial Mindkraft 2017 Page 3: Exchange Program to Japan Exchange Program to Sri Lanka National Seminar Page 4:BA results report Need Base Module Report of MA program The Lusofonia Festival Macau Editorial Board Diaclaimer</p>	<p><b>Below: students of the department along with other faculty members at the University of Sri Jayewardenepura Sri Lanka</b></p> 	<p><b>Exchange Program to Japan</b> By: Supriya Banerjee S.Y.B.A SYBA</p> <p>It was me and other 7 students who were chosen for this exchange program, we were accompanied by 2 teachers. All of us were overwhelmed with joy as we finally landed at the Airport. After completing the airport formalities we headed towards our destination- Tokyo Central Youth Hostel, Iidabashi</p> <p>Contd. On pg 3</p>

VOL VIII		PAGE 2	ISSUE 2
<b>Editorial</b> <b>By Mrs. Kavita A. Borkar</b> <b>kab001@chowgules.ac.in</b>		them. That would involve planning, organizing, decision making, and so on. The last quote comes from Malcom S. Forbes : “Education’s purpose is to replace an empty mind with an open one.” An individual is a learner throughout one’s life. Unless we empty our minds with unwanted thoughts and feelings, we will not be able to create space to fill it with the most beautiful thoughts and feelings. Every moment teaches us and we grow wiser by the day. Leaving you with innumerable dreams,	<b>MindKraft 2017 organized by the department of Psychology &amp; the Career &amp; Personal Counseling Center</b> <b>Contd. From pg 1</b>
Happy New Year! One more opportunity to plan, execute and realize one’s dreams and resolutions. I find quotes very inspirational so I would like to share a few quotes here. Read them carefully, reflect on them and apply them to your own life. Albert Einstein said: “Look deep into nature, and then you will understand everything better”. That is so true. Look at the sun, the moon, the stars, flowers, fruits, trees, rivers, anything at all and one will realize that each one works and gives their best. That I feel is a very important lesson for us. Learn to work to the optimum and one will reap satisfaction and contentment. I would translate it as: Play your part, whether organizer, participant or an audience for any event that is held. Learn to give your best. The second quote is by Lao Tzu says: Nature does not hurry, yet everything is accomplished. To achieve bigger goals in life, it is necessary to take small steps at a time to realize		 <p><b>Above: The students from Dhempe College with Mrs. Kavita Borkar holding the winners</b></p>  <p><b>Above: students of the department with a professor of Psychology.</b></p>	Dhempe College, Miramar; Carmel College, Nuvem; Rosary College, Navelim; Goa College of Home Science, Panaji; G.V.M’S, Ponda; MES College, Zuarinagar, Manovikas HSSC, Gogol; Government College, Khandola. Ms NishaGonsalves was the chief guest for the event. Mrs.KavitaBorkar (Head of Department) introduced the theme of Mind Kraft-‘Celebrate Relations’ and she also introduced the chief guest. Following the address by the chief guest the events began. The participants competed in four different events; ‘Paper presentation’, in which, G.V.M’s Pondawon the first place while MES College won the second place; ‘15 minutes to fame’, in which, Dhempe College bagged the first place while Goa College of Home Science won the second. ‘Quick bites’, where, Dhempe College secured the first place and Rosary College won the second place and ‘Treasure Hunt’, where, MES College won the treasure. Dhempe College were declared the winners of Mind Kraft with Goa College of home science were declared the runners up. Ms. Sharmila Menezes, the career counsellor, proposed the vote of thanks.

VOL VIII		PAGE 3	ISSUE 2
<b>Exchange Program to Japan</b> <b>Contd. From pg 1</b>		<b>Exchange program to Sri Lanka</b> <b>Contd. From pg 1</b>	<b>National Seminar</b> <b>Contd. From pg 1</b>
The next day we went to Waseda University. We were introduced to our teachers in-charge Ms. Yuri and Ms. Mayu, they gave us a tour around their massive campus. Living in Japan we got to see and experience various types of food. We travelled to Shinjuku, made Onigiri, drank tons of Green tea, visited Waseda's other campuses, walked till we dropped when some of us visited the Tokyo Tower and Rainbow Bridge, had a silent moment with the statue of Hachiko, visited Asakusa and last but not the least when we FINALLY got to see the Shinkansen. Apart from all the sight-seeing we had wonderful group assignments and classes which were conducted by very Intellectual professors on various topics . We put up a performance for India day and in return a few Japanese students taught us a traditional dance . This Exchange Program was like an adventure, we came back with fond memories, inside jokes, new kinds of knowledge gained, a different perspective to life and a lot of new friends that we cannot wait to meet once again when they come to Goa.		This 10 day program started on 05 December 2016. The University of Sri Jayewardenepura hosted the entire program. The university provides courses in the Medical Science, Engineering, Humanities and Social Sciences and Management. It gave us insight into their educational system which is different from our own. Spending time amongst the students and teachers of the university gave us immense knowledge about their culture. Paper presentations from us and students of the university gave new information about different perspectives. A cultural program by Goan students and a cultural program Sri Lankans bridged the gap of cultural knowledge of the students of both the countries. Visit to University of Kelaniya gave us more knowledge about Sri Lanka’s geographical position and diversity. Overall this Academic Exchange Program not only added a lot to our knowledge about our neighbour but also make us realize responsibilities as individuals. Sri Lanka was a learning opportunity in all	The inaugural session was graced by Honorable Governor of Goa: Smt. Mridula Sinha and Mr. Colin Wells, Deputy High Commission, Mumbai. Renowned speakers from all over India were invited and numerous professors from all over Goa presented papers on the seminar topic. The sessions were very informative.. They educated us on the steps they take to protect the victim and their families. We also had an experimental sharing by the LGBT community. They shared their personal experiences which touched all of our hearts. We also had open sessions where we had a question and answer rounds with the experts. Many experts discussed the law that we need to implement in India to protect the victims and their families. Smt. Mridula Sinha gave her inputs on making India a safe place to live in. All in all, the national seminar was very important as it gave us a lot of important information as well as the much needed exposure.